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John Doe1,2, Sam Smith2, Jane Doe3

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# Abstract

**Background and aims:** Please add here the abstract of background and aims. **Material and method:** Replace this text with the abstract for material and methods. **Results:** add a brief description of the results. **Conclusions:** place here the conclusions of the study.

# Keywords: keyword 1, keyword 2, keyword 3, keyword 4, keyword 5

# Background and aims

Please replace this, with the manuscript’s background and aims. Please structure this section as recommended in the Author’s Guide (Submission section of the webpage).

# Material and method

[In this section please feel free to add new level 2 headings, replace the following ones or delete the ones exemplified in the following rows as needed]

## Study design and patients

Please replace this text with the description of your study design and patient’s baseline characteristics

## Laboratory, anthropometric and clinical data collection

Please replace this text

## Statistical analysis

Describe the statistical software used to collect data and perform analysis, statistical methods used, sample size calculation and statistical threshold accepted.

# Results

Replace this text with the results of your study. Feel free to add figures and tables. Figures and tables should be placed inside manuscript’s text and numbered in the order of their appearance. For figures, high resolution images (at least 300 dpi) should be used.

# Discussion

Replace this text with the discussions for your article. Please make sure to respect the guidance for presenting and structuring discussions, which can be found on the Authors Guidelines, Submission section of the Journal’s webpage.

# Conclusions

Please add in this section the conclusions of your study

# Acknowledgements

In this section, the authors should acknowledge the contributions of the individuals involved in the study or in the manuscript’s preparing but they are not fulfilling the criteria to be authors (according to ICMJE recommendations). Also, here should be presented the funding source for the study.

# References

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1. **Skyler JS.** Effects of glycemic control on diabetes complications and on the prevention of diabetes. *Clinical Diabetes* 22: 162-166, 2004.
2. **Inzucchi SE, Bergenstal RM, Buse JB et al.** Management of hyperglycemia in type 2 diabetes: a patient-centered approach. Position statement of the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD). *Diabetes Care* 35: 1364-1379, 2012.
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4. **World Health Organization**. Obesity and overweight. [online] Available at: http://www.who.int/mediacentre/factsheets/fs311/en/ [Accessed 2nd Nov 2016]
5. **Hu FB, Wang B, Chen C, el al.** Body Mass Index and Cardiovascular Risk Factors in a Rural Chinese Population. *Am J Epidermol* 151(1): 88-97, 2000.

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